



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<h1>February 2019</h1>				1 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Music with Denise Doucette 1:30 Valentines Day Door Hangers 1:30 Sensory 3:00 Refreshments 4:00 Bingo 4:00 1:1 Visits with Ally 6:30 Fridays with Fred Astaire : “Carefree”	2 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Music with Matt 1:30 Groundhog Day 1:30 Sensory 3:00 Refreshments 4:00 Bingo 4:00 1:1 Visits 6:30 Fun Family Films : “Spy Kids”
3 10:00 Seated Exercise 10:30 Lucky Lindy Day 10:30 Sensory 1:30 February Facts 1:30 Sensory 3:00 Refreshments 3:30 Sunday Worship on Caswell 3:30 Tabletop Activities 6:30 It’s Superbowl Sunday !	4 10:00 Seated Exercise 10:30 Sensory 10:45 Music with Matt 1:30 Who, What When Game 1:30 Sensory 3:00 Refreshments 3:30 Room Visits 4:00 Bingo 6:30 Monday Musicals : “Meet Me In St Louis”	5 10:00 Seated Exercise 10:30 Sensory 10:45 Hymn Sing with Chaplain Arnold 10:30 Sensory 1:30 Let’s Celebrate Chinese New Year!/Sensory 3:00 Refreshments 4:00 Yoga with Ally 6:30 Evening with Lauren	6 10:00 Seated Exercise 10:30 Happy Birthday Clark Gable 10:30 Sensory 1:30 Sit and Get Fit 1:30 Sensory 2:00 Nix the Six Game 3:00 Refreshments 4:00 Coloring Mandalas 6:30 Evening with Victoria	7 8:00 Early Bird 1:1 Visits 10:00 Chair Yoga with Ally 10:30 Sensory 10:30 Game Time 1:30 Guess That Famous Song 1:30 Sensory 3:00 Refreshments 4:00 Afternoon Meditation with Ally 6:30 Classic TV : “I Love Lucy”	8 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Music with Matt 1:30 Making Lavender Hand warmers 1:30 Sensory 3:00 Refreshments 4:00 Bingo 4:00 1:1 Visits with Ally 6:30 Fridays with Fred Astaire : “Swing Time”	9 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Music with Matt 1:30 All About Fairy Tales 1:30 Sensory 3:00 Refreshments 4:00 Singing with Diane Dexter 4:00 1:1 Visits 6:30 Fun Family Films : “Roommates”
10 10:00 Seated Exercise 10:30 Artists Corner : Grant Wood 10:30 Sensory 1:30 Love Songs and Crafts 1:30 Sensory 3:00 Refreshments 3:30 Sunday Worship on Caswell 3:30 Tabletop Activities 6:30 Hits of the 1940s : “Yankee Doodle Dandy”	11 10:00 Seated Exercise 10:30 Sensory 10:30 Catholic Mass on Caswell 10:45 Music with Matt 1:30 Game Time/Sensory 3:00 Refreshments 3:30 Room Visits 4:00 Bingo 6:30 Monday Musicals : “The King and I”	12 10:00 Barn Babies 10:30 Sensory 10:45 Music with Matt 1:30 Sensory 1:30 Science Club : Marbled Milk Paper 3:00 Refreshments 4:00 Yoga with Ally 6:30 Evening with Lauren	13 10:00 Seated Exercise 10:30 Making Valentines 10:30 Sensory 1:30 Sit and Get Fit 1:30 Sensory 2:00 Watercolors with Linda 3:00 Refreshments 4:00 Afternoon Meditation with Ally 6:30 Evening with Victoria	14 8:00 Early Bird 1:1 Visits 10:00 Chair Yoga with Ally 10:30 Sensory 10:30 Let’s Make Valentines Chocolate 1:30 Sensory 1:45 Spiritual Circle with Chaplain Arnold 3:00 Valentines Refreshments 4:00 Chair Yoga with Ally 6:30 Classic TV : “The Jack Benny Show”	15 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Music with Matt 1:30 Baking 1:30 Sensory 3:00 Refreshments 4:00 Bingo 4:00 1:1 Visits with Ally 6:30 Fridays with Fred Astaire : “Shall We Dance”	16 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Word Games 1:30 All About Valentines 1:30 Sensory 3:00 Refreshments 4:00 Bingo 4:00 1:1 Visits 6:30 Fun Family Films : “Father of the Bride”
17 10:00 Seated Exercise 10:30 Cranium Crunches 10:30 Sensory 1:30 Happy Birthday Gene Pitney 1:30 Sensory 3:00 Refreshments 3:30 Sunday Worship on Caswell 3:30 Tabletop Activities 6:30 Hits of the 1940s : “Casablanca”	18 10:00 Red, White and Blue Exercise 10:30 Sensory 10:30 Sensory 10:45 Patriotic Piano Sing Along 1:30 It’s Presidents Day! 1:30 Sensory 3:00 Refreshments 3:30 Room Visits 4:00 Bingo 6:30 Monday Musicals : “Oliver”	19 10:00 Seated Exercise 10:30 Sensory 10:45 Hymn Sing with Chaplain Arnold 10:30 Sensory 1:30 Winter Carnival Art : Salt Painting Ice Sculptures 1:30 Sensory 3:00 Refreshments 4:00 Yoga with Ally	20 10:00 Seated Exercise 10:30 Women Scientists Day 10:30 Sensory 1:30 Sit and Get Fit 1:30 Sensory 2:00 Watercolors with Linda 3:00 Refreshments 4:00 Afternoon Meditation with Ally 6:30 Evening with Victoria	21 8:00 Early Bird 1:1 Visits 10:00 Chair Yoga with Ally 10:30 Sensory 10:30 Game Time 1:30 Daily Chronicles and Balloon Tennis 1:30 Sensory 3:00 Refreshments 4:00 Chair Yoga with Ally 6:30 Classic TV : “I Love Lucy”	22 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Sing Along with Elder Song 1:30 All about the Boy and Girl Scouts 1:30 Sensory 3:00 Refreshments 4:00 Bingo 4:00 1:1 Visits with Ally 6:30 Fridays with Fred Astaire :	23 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Word Games 1:30 All About Polar Bears 1:30 Sensory 3:00 Refreshments 4:00 Singing with Diane Dexter 4:00 1:1 Visits 6:30 Fun Family Films : “Beethoven”
24 10:00 Seated Exercise 10:30 February Book Club : Cheaper By the Dozen 10:30 Sensory 1:30 Baking: Honey Snowballs 1:30 Sensory 3:00 Refreshments 3:30 Sunday Worship on Caswell 3:30 Tabletop Activities 6:30 Hits of the 1940s : “On the Town”	25 10:00 Seated Exercise 10:30 Sensory 10:45 Music with Matt 1:30 Who, What When Game 1:30 Sensory 3:00 Refreshments 3:30 Room Visits 4:00 Bingo 6:30 Monday Musicals : “State Fair”	26 10:00 Seated Exercise 10:30 Sensory 10:45 Music with Matt 1:30 Sensory 1:30 What Came from Switzerland?? 3:00 Refreshments 4:00 Yoga with Ally 6:30 Evening with Lauren	27 10:00 Seated Exercise 10:30 Arm Chair Travel : The Grand Canyon/Sensory 1:30 Sit and Get Fit 1:30 Sensory 2:00 Watercolors with Linda 3:00 Refreshments 4:00 Afternoon Meditation with Ally 6:30 Evening with Victoria	28 8:00 Early Bird 1:1 Visits 10:00 Chair Yoga with Ally 10:30 Sensory 10:30 All about February 1:30 Sensory Spiritual Circle with Chaplain Arnold 3:00 Refreshments 4:00 Coloring Mandalas 6:30 Classic TV : The Mary Tyler Moore Show”	