

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<h1>December 2017</h1>				1 10:00 Chair Yoga with Ally 10:30 Sensory/ Music with Denise 1:30 Cooking: Whipped cream cake 1:30 Sensory 3:00 Refreshments 4:00 Friday Afternoon Guided Relaxation /In Room Visits with Candice 6:30 Irving Berlin Classics “ Holiday Inn”	2 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Music with Matt 1:30 Snowman Craft/Sensory 3:00 Refreshments 4:00 Bingo 6:30 Holiday Musicals : “Andy Williams Christmas”
3 10:00 Seated Exercise /10:30 Christmas Tree Trimming /Sensory 1:30 Spelling Bee/Sensory 3:00 Refreshments 3:30 Sunday Worship on Caswell/Tabletop Activities 6:30 Holiday Pictures: “Santa Clause is Coming to Town”	4 Happy Birthday, Joe! 10:00 Seated Exercise 10:30 Sensory 10:45 Music with Matt 1:30 Let’s Play a Game/Sensory 3:00 Refreshments/3:30 1:1 Manicures 4:00 Music with Lori 6:30 Family Classics ; “White Christmas”	5 10:00 Volleyballoon 10:30 Music with Diane Dexter 10:45 Sensory 1:30 Helping Hands Volunteer Club : Holiday Cards for Soldiers/Sensory 3:00 Refreshments 4:00 Yoga with Ally 6:30 “The Little Drummer Boy”	6 Happy Birthday, Gloria! 10:00 Golf 10:30 Mistletoe Day/ Sensory 1:30 Sit and Get Fit /Sensory 2: 00 Biography Series : Mary Martin 3:00 Refreshments 4:00 Music with Lori 6:30 Evening Arts with Lori	7 7:30 Early Bird 1:1 Visits 10:00 Scarf Exercises 10:30 Eiffel Tower Anniversary 10:30 Sensory 1:30 National Pearl Harbor Day 3:00 Refreshments 4:00 Music and Relaxation 5:30-7:00 Ross Worthen Christmas Party	8 10:00 Barn Babies 10:30 Sensory 10:45 Music with Matt 1:30 Cooking: Baklava cups 1:30 Sensory 3:00 Refreshments 4:00 Friday Afternoon Guided Relaxation /In Room Visits with Candice 6:30 Irving Berlin Classics “ Top Hat”	9 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Music with Matt 1:30 Christmas Crafts/Sensory 3:00 Refreshments 4:00 Music with Diane Dexter 6:30 Holiday Musicals “ A Lawrence Welk Christmas”
10 10:00 Seated Exercise 10:30 Book Club : “A Christmas Carol”/Sensory 1:30 Spelling Bee/ Sensory 3:00 Refreshments 3:30 Sunday Worship on Caswell 3:30 Tabletop Activities 6:30 Holiday Pictures : “Santa Paws”	11 10:00 Seated Exercise 10:30 Sensory 10:45 Music with Matt 1:30 Let’s Play a Game/Sensory 3:00 Refreshments/3:30 1:1 Manicures 4:00 Bingo 6:30 Family Classics : “It’s A Wonderful Life”	12 Happy Hannukah! 10:00 Volleyballoon 10:30 Music with Diane Dexter 10:45 Sensory 1:30 Toys for Tots Tuesday/Sensory 3:00 Refreshments 4:00 Music with Lori 6:30 Evening Holiday Lights Tour	13 10:00 Parachute Games 10:30 The Dreidel Game 10:30 Sensory 1:30 Sit and Get Fit /Sensory 2: 00 Watercolors with Linda 3:00 Refreshments 4:00 Music with Lori 6:30 Evening Arts with Lori	14 7:30 Early Bird 1:1 Visits 10:00 Ribbon Exercises 10:30 Happy Birthday Walt Disney 10:30 Sensory 1:30 Christmas Crafts 3:00 Refreshments 4:00 Yoga with Ally 6:30 “Amhal and the Night Visitors”	15 10:00 Chair Yoga with Ally 10:30 Music with AnneMarie and Ice 1:30 Cooking: Ricotta Scones/Sensory 3:00 Refreshments 4:00 Friday Afternoon Guided Relaxation / In Room Visits with Candice 6:30 Irving Berlin Classics “ Call Me Madam”	16 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Music with Matt 1:30 Gingerbread Crafts/Sensory 3:00 Refreshments 4:00 Trivia 6:30 Holiday Musicals : “Radio City Music Spectacular”
17 10:00 Seated Exercise 10:30 “King of Christmas” Day /Sensory 1:30 Spelling Bee/Sensory 3:00 Refreshments 3:30 Sunday Worship on Caswell 3:30 Tabletop Activities 6:30 Holiday Pictures : “The Santa	18 10:00 Seated Exercise 10:30 Sensory 10:45 Music with Matt 1:30 Let’s Play a Game 1:30 Sensory 3:00 Refreshments/3:30 1:1 Manicures 4:00 Music with Lori 6:30 Family Classics : “Parent Trap”	19 10:00 Volleyballoon 10:30 Music with Diane Dexter 10:45 Sensory 1:30 Hannukah Sufganiyot/Sensory 3:00 Refreshments 4:00 Yoga with Ally 6:30 Evening Bingo	20 10:00 Golf 10:30 Gingerbread House Decorating Day/ Sensory 1:30 Sit and Get Fit /Sensory 2: 00 Hannukah Dreidel Pockets 3:00 Refreshments 4:00 Music with Lori 6:30 Evening Arts with Lori	21 7:30 Early Bird 1:1 Visits 10:00 Scarf Exercises 10:30 Christmas Karaoke 10:30 Sensory 1:30 Winter Solstice 3:00 Refreshments 4:00 Music and Relaxation 6:30 “The Nutcracker Suite”	22 Happy Birthday, Susan! 10:00 Chair Yoga with Ally 10:30 Sensory/10:45 Music with Matt 1:30 Cooking: Eggnog Cake/Sensory 3:00 Refreshments 4:00 Friday Afternoon Guided Relaxation /In Room Visits with Candice 6:30 Irving Berlin Classics “ Carefree”	23 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Word Games 1:30 Peppermint Stick Crafts/Sensory 3:00 Refreshments 4:00 Music with Diane Dexter 6:30 Holiday Musicals : “Christmas from Westminster”
24 10:00 Seated Exercise 10:30 Twas the Night Before Christmas/Sensory 1:30 Spelling Bee/Sensory 3:00 Refreshments 3:30 Sunday Worship on Caswell 3:30 Tabletop Activities 6:30 Holiday Pictures : “Frosty the Snowman”	25 10:00 Seated Exercise 10:45 Name That Christmas Tune 1:30 Afternoon Matinee 	26 10:00 Volleyballoon 10:30 Music with Diane Dexter 10:45 Sensory 1:30 Alfred Eisenstaedt Day/ 1:30 Sensory 3:00 Refreshments 4:00 Yoga with Ally 6:30 Evening Bananagrams	27 10:00 Parachute Games 10:30 Boggle/Sensory 1:30 Sit and Get Fit 1:30 Sensory 2: 00 Armchair Travel “Everglades National Park” 3:00 Refreshments 4:00 Music with Lori 6:30 Evening Arts with Lori	28 7:30 Early Bird 1:1 Visits 10:00 Ribbon Exercises 10:30 December Dice Days 10:30 Sensory 1:30 All About St. Nick 3:00 Refreshments 4:00 Music and Relaxation 6:30 “Anchors Aweigh”	29 10:00 Chair Yoga with Ally 10:30 Sensory/10:45 Music with Matt 1:30 Cooking: : Raspberry Cookies 1:30 Sensory 3:00 Refreshments 4:00 Friday Afternoon Guided Relaxation /In Room Visits with Candice 6:30 Irving Berlin Classics “ Annie Get Your Gun”	30 Happy Birthday, Nancy! 10:00 Chair Yoga with Ally 10:30 Sensory 10:45 Music with Matt 1:30 New Year Craft/Sensory 3:00 Refreshments 4:00 Trivia 6:30 “The Sound of Music”
31 10:00 Seated Exercise 10:30 Word Games 1:30 Spelling Bee 3:00 Refreshments 3:30 Sunday Worship on Caswell 3:30 Tabletop Activities 6:30 “Little Women”	 	 	 	 	  	 