| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| FEB | RUAR 2019 | · | DEAR STALENTING | | 1 9:45 Volleyballoon 10:30 Express yourself through Art with Julia 1:30 Sing Along with Matt 2:15 Zumba with Vera 3:00 Happy Hour 3:30 Travel Video 7:00 Movie: "The Waterboy" | 2 9:45 Volleyballoon 10:15 Bingo 2:00 History Club: All About the Chinese New Year 3:00 Move to feel good with Julia 7:00 Saturday Night at the Movies: "Carefree" |
| 3 9:45 Volleyballoon 10:15 Cup of Coffee & Daily Chronicles 2:00 Happy Birthday, Nor- man Rockwell 2:30 Superbowl 53 3:30 Sunday Worship in Activity Room | 4 9:45 Fit with Fitness 10:15 Bingo 1:30 Sensory Visits 2:15 Composers Corner: Duke Ellington 3:15 Baking Club: Valentine Sugar Cookies | 5 10:00 Tai Chi Class 10:30 Famous Birthday: Rosa Parks 2:00 Watercolor Class 3:00 Octoband Movement 3:30 Sensory Visits 3:30 Bible Study in Activity Room 6:30 The Love Story | 6 9:45 Exercise with Carole 10:15 Bingo 2: 00 State Plate Game 3:10 Guided Meditation & Relaxation 3:45 Sensory Visits 6:30 Room Visits | 7 9:45 Sit & Get Fit 10:15 Star Spotlight: Charlie Chaplin 10:30 Sensory 2:00 Monthly Birthday Celebration 3: 00 Spa & Relaxation 3:00 Sensory Visits 7:00 Movie: "Old Yeller" | 8:30 Birthday Breakfast 9:45 Volleyballoon 10:30 Entertainment with Diane Dexter 1:30 Sports with Matt 2:15 Zumba with Vera 3:00 Wine and Cheese Social 3:30 Travel Video 7:00 Movie: "Enchanted" | 9 9:45 Volleyballoon 10:15 Bingo 2:00 History Club: Biography of Charles Dickens 3:00 Move to feel good with Julia 7:00 Saturday Night at the Movies: "Girl with ta Pearl Ear- ring" |
| 10 9:45 Volleyballoon 10:15 Cup of Coffee & Daily Chronicles 2:00 Star: Jimmy Durante 2:30 Healthy Living: Smoothie s 3:30 Sunday Worship in Activity Room | 11 9:45 Fit with Fitness 10:15 The History of Thomas Jefferson 10:30 Catholic Mass 1:30 Sensory Visits 2:15 Sing Along with Matt: Love Songs 4:15 Brownie Troop Valentine Visit | 12 10:00 Tai Chi Class 10:30 Art Lecture: Norman Rockwell 1:00 Barn Babies 2:00 Watercolor Class 3:15 Parachute Fun 3:30 Sensory Visits 3:30 Bible Study in Activity Room 6:30 Name that Tune | 13 9:45 Exercise with Carole 10:15 Beach Ball Surprise with Julia 2:00 Bingo 3:10 Guided Meditation & Relaxation 3:30-4:30 Room Visits | 14 9:45 Sit & Get Fit 10:15 Valentines Day Craft 10:30 Sensory 2:00 –3:30 Valentines Day Party 3:30 Sensory Visits 7:00 Movie: "Lover Come Back" | 15 9:45 Volleyballoon 10:30 Express yourself through Art with Julia 1:30 Sing Along with Matt 2:15 Zumba with Vera 3:00 Happy Hour 3:30 Travel Video 7:00 Movie: "Pillow Talk" | 16 9:45 Volleyballoon 10:15 Bingo 2:00 History Club: Biography of George Washington 3:00 Move to feel good with Julia 7:00 Saturday Night at the Movies: "Nanny McPhee" |
| 17 9:45 Volleyballoon 10:15 Cup of Coffee & Daily Chronicles 2:00 The Moral of the Story: Fables & Folktales 2:30 Healthy Living: Smoothie s 3:30 Sunday Worship in Activity Room | 18 9:45 Fit with Fitness 10:15 Bingo 1:30 Sensory Visits 2:15 Composers Corner: Hits of Duke Ellington 3:15 Baking Club: Fairy Cupcakes | 19 8:00 Men's Breakfast 10:00 Tai Chi Class 10:30 Famous Birthday: Henry Wadsworth Longfellow 10:30 Sensory Group 2:00 Watercolor Class 3:15 The President Game 3:30 Sensory Visits 3:30 Hymn Sing 6:30 Making Memories Mystery | 20 9:45 Exercise with Carole 10:15 Bingo 2:00 The Alamo 3:10 Guided Meditation & Relaxation 3:30-4:30 Room Visits 6:30 Room Visits | 21 9:45 Sit & Get Fit 10:15 African American History Trivia 10:30 Sensory 1:30 Resident Council 2:00 Chicken Soup for the Soul 3: 00 Spa & Relaxation 3:00 Sensory Visits | 22 9:45 Volleyballoon 10:30 Express yourself through Art with Julia 1:30 Excess Baggage Bags 2:15 Zumba with Vera 3:00 Wine and Cheese and Food Demonstration 3:30 Travel Video 7:00 Movie: "Call Me Madam" | 23 9:45 Volleyballoon 10:15 Bingo 2:00 History Club: Your Birthdate and the News 3:00 Move to feel good with Julia 7:00 Saturday Night at the Movies: "The French Lieuten- ant's Woman" |
| 24 9:45 Volleyballoon 10:15 Cup of Coffee & Daily Chronicles 2:00 Excess baggage Bags 2:30 Healthy Living: Smoothie s 3:30 Sunday Worship in Activity Room | 25 9:45 Fit with Fitness 10:15 Favorite Literary Couples Day 1:30 Sensory Visits 2:15 Sing Along with Matt 3:15 Baking Club: Ultra— Gooey Peanut butter Cookies | 26 10:00 Tai Chi Class 10:30 Art Lecture: Frida Kahlo 2:00 Watercolor Class 3:15 Move to Feel Good 3:30 Sensory Visits 3:30 Bible Study in Activity Room 6:30 Room to Room Storytell- ing | 27 9:45 Exercise with Carole 10:15 Where is it and Have you Been There? 2:00 Middle Eastern Dance Performance 3:10 Guided Meditation & Relaxation 3:30-4:30 Room Visits 6:30 Movie Review | 28 9:45 Sit & Get Fit 10:15 Cranium Crunch Category Game 10:30 Sensory 2:00 Chicken Soup for the Soul 3: 00 Craft Creations 3:00 Sensory Visits 7:00 Movie: "And Then There Was None" | | Presidents' Day |

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