

| SUN   | MON   | TUE  | WED  | THUR  | FRI  | SAT  |
|---|---|--|--|---|--|--|
| 10:00 AM Daily Chronicles & News<br>11:00 AM Music Therapy with Gwen<br>2:00 PM BINGO<br>3:30 PM movie: Residents pick                                | <b>Groundhog Day</b><br>10:00 AM Rosary Group<br>11:00 AM Sit and Get Fit<br>1:00 PM Barn Babies<br>2:00 PM Music Therapy with Gwen<br>3:30 PM History Club | 10:00 AM Music Therapy with Gwen<br>11:00 AM Piano time with Matt<br>1:45 PM BINGO<br>3:30 PM Manicures<br>6:00 PM Feature film  | 10:00 AM Morning sing with Matt<br>11:00 AM Rhythm & Drumming<br>2:00 PM Exercise with Activity Staff<br>3:00 PM Word Mining<br>4:00 PM Virtual Symphony<br>6:00 PM Feature film | 10:00 AM Trivia and memory games<br>11:00 AM Seated Stretches<br>2:00 PM Women's Afternoon teatime /Men's Group<br>3:30 PM Hymn Sing with Chaplain Lisa                       | 10:00 AM Music with Matt<br>11:00 AM Volleyball<br>1:30 PM Movement Therapy with Julia<br>3:30 PM History Club | 10:00 AM Daily Chronicles & News<br>10:00 AM Musica Performance by: Chris Baum Duo<br>11:00 AM Seated Stretches<br>2:00 PM Pokeno<br>4:00 PM Color Art |
| <b>6:30pm Super Bowl 60</b><br>10:00 AM Daily Chronicles & News<br>11:00 AM Music Therapy with Gwen<br>2:00 PM BINGO<br>3:30 PM movie: Residents pick | 10:00 AM Rosary Group<br>11:00 AM Sit and Get Fit<br>2:00 PM Music Therapy with Gwen<br>3:30 PM History Club  | 10:30 AM Catholic Mass<br>11:00 AM Piano time with Matt<br>1:45 PM BINGO<br>3:00 PM Chaplain Lisa Community Group<br>3:30 PM Manicures<br>6:00 PM Feature film   | 10:00 AM Morning sing with Matt<br>11:00 AM Rhythm & Drumming<br>2:00 PM Exercise with Activity Staff<br>3:00 PM Word Mining<br>4:00 PM Virtual Symphony<br>6:00 PM Feature film | 10:00 AM Trivia and memory games<br>11:00 AM Seated Stretches<br>2:30 PM Musica Performance by: Denise Doucette<br>3:30 PM Hymn Sing with Chaplain Lisa                       | 10:00 AM Music with Matt<br>11:00 AM Volleyball<br>1:30 PM Movement Therapy with Julia<br>3:30 PM History Club | <b>Valentine's Day</b><br>10:00 AM Daily Chronicles & News<br>11:00 AM Seated Stretches<br>2:00 PM Pokeno<br>4:00 PM Color Art                         |
| 10:00 AM Daily Chronicles & News<br>11:00 AM Music Therapy with Gwen<br>2:00 PM BINGO<br>3:30 PM movie: Residents pick                                | <b>President's Day</b><br>10:00 AM Rosary Group<br>11:00 AM Sit and Get Fit<br>2:00 PM Music Therapy with Gwen<br>3:30 PM History Club                      | <b>Chinese New Year Lunar New Year</b><br>10:00 AM Music Therapy with Gwen<br>11:00 AM Piano time with Matt<br>1:45 PM BINGO<br>3:00 PM Chaplain Lisa Community Group<br>3:30 PM Manicures<br>6:00 PM Feature film | 10:00 AM Morning sing with Matt<br>11:00 AM Rhythm & Drumming<br>2:00 PM Exercise with Activity Staff<br>3:00 PM Word Mining<br>4:00 PM Virtual Symphony<br>6:00 PM Feature film | 10:00 AM Trivia and memory games<br>11:00 AM Seated Stretches<br>1:45 PM Residents Council/ Social hour<br>2:00 PM Bowling & Cornhole<br>3:30 PM Hymn Sing with Chaplain Lisa | 10:00 AM Music with Matt<br>11:00 AM Volleyball<br>1:30 PM Movement Therapy with Julia<br>3:30 PM History Club | 10:00 AM Daily Chronicles & News<br>11:00 AM Seated Stretches<br>2:30 PM Musica Performance by: Diane Dexter<br>4:00 PM Color Art                      |
| 10:00 AM Daily Chronicles & News<br>11:00 AM Music Therapy with Gwen<br>2:00 PM BINGO<br>3:30 PM movie: Residents pick                                | 10:00 AM Rosary Group<br>11:00 AM Sit and Get Fit<br>2:00 PM Music Therapy with Gwen<br>3:30 PM History Club  | 10:00 AM Music Therapy with Gwen<br>11:00 AM Piano time with Matt<br>1:45 PM BINGO<br>3:00 PM Chaplain Lisa Community Group<br>3:30 PM Manicures<br>6:00 PM Feature film   | 10:00 AM Morning sing with Matt<br>11:00 AM Rhythm & Drumming<br>2:00 PM Exercise with Activity Staff<br>3:00 PM Word Mining<br>4:00 PM Virtual Symphony<br>6:00 PM Feature film | 10:00 AM Trivia and memory games<br>11:00 AM Seated Stretches<br>2:30 PM Musica Performance by: Tricia Boshco<br>3:30 PM Hymn Sing with Chaplain Lisa                         | 10:00 AM Music with Matt<br>11:00 AM Volleyball<br>1:30 PM Movement Therapy with Julia<br>3:30 PM History Club | 10:00 AM Daily Chronicles & News<br>11:00 AM Seated Stretches<br>2:00 PM Pokeno<br>4:00 PM Color Art   |

# February 2026

## Caswell / Willard Activity Calendar

Activities are subject to change. 1:1's will be facilitated throughout the week.