



SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> AR - Caswell Activity Room GR - Garden Room WDR - Willard Dining Room			10:00 Music with Matt (AR) <b>1</b> 11:00 Special Days: World Compliment Day (AR) 1:15 Exercise with Stefan (AR) 3:30 Word Mining (AR) 6:00 Evening Movie: "Manchurian Candidate" (GR)	10:00 Morning Group: Music with Joseph Reid Duo (AR) <b>2</b> 11:00 Morning Exercise (AR) 1:30 Resident Council Meeting Rescheduled (AR) 2:00 Faith & Film: Newies (WDR) 3:00 Craft with Julia (AR)	10:00 Music with Matt (AR) <b>3</b> 11:00 Morning Exercise (AR) 2:00 Afternoon Arts (AR) 3:30 Armchair Travel: Peru (AR)	10:00 A-Z Word Games (AR) <b>4</b> 11:00 Morning Exercise (AR) 2:00 Saturday Afternoon Movie: "Kartini: Princess of Java" (AR)
10:00 Roll a Word (AR) <b>5</b> 11:00 Volleyballoon (AR) 1:30 Catholic Mass (AR) 2:30 CWV Worship Service (AR) 3:30 Bingo (AR)	10:00 Composer Corner: Beethoven (AR) <b>6</b> 11:00 Sit and Get Fit (AR) 2:00 Spelling Bee (AR) 3:00 History Club: King Tut's Tomb opened (AR) 6:00 Evening Movie: "Bucket List" (GR)	10:00 Morning Sing (AR) <b>7</b> 11:00 Zumba with Vera (AR) 2:00 Bingo (AR) 2:00 Faith Circle with Rev. Peter (WDR) 3:30 Nail Spa (AR)	10:00 Music & Movement (AR) <b>8</b> 11:00 Special Days: International Women's Day (AR) 2:00 Seated Yoga with Emmaline (AR) 3:30 Word Mining (AR) 6:00 Evening Movie: "We're No Angels" (GR)	10:00 Morning Group: Music with Gary Landgren (AR) <b>9</b> 11:00 Morning Exercise (AR) 2:00 Wheel of Fortune with Emmaline (AR) 3:00 Movement with Julia (AR) 6:00 Evening Movie: "Lord of the Rings" (GR)	10:00 Music with Matt (AR) <b>10</b> 11:00 Zumba with Vera (AR) 2:00 Afternoon Arts (AR) 3:30 Armchair Travel: Chile (AR)	10:00 A-Z Word Games (AR) <b>11</b> 11:00 Morning Exercise (AR) 2:00 Saturday Afternoon Movie: "Parenthood" (AR)
<b>Daylight Savings Time Begins</b> <b>12</b> 10:00 Roll a Word (AR) 11:00 Volleyballoon (AR) 1:30 Catholic Mass (AR) 2:30 CWV Worship Service (AR) 3:30 Bingo (AR)	10:00 Virtual Symphony: Beethoven's 9th Symphony (AR) <b>13</b> 11:00 Sit and Get Fit (AR) 2:00 Spelling Bee (AR) 3:00 History Club: Francis I elected Pope (AR) 6:00 Evening Movie: "Emma" (GR)	10:30 Roman Catholic Mass (AR) <b>14</b> 2:00 Bingo (AR) 3:30 Nail Spa (AR)	10:00 Music with Matt (AR) <b>15</b> 11:00 Special Days: Cranium Crunch (AR) 1:15 Exercise with Stefan (AR) 3:30 Word Mining (AR) 6:00 Evening Movie: "Legally Blonde" (GR)	10:00 Morning Group: Music with Chris Baum Duo (AR) <b>16</b> 11:00 Morning Exercise (AR) 1:15 Resident Council Meeting (AR) 2:00 St. Patrick's Day Party (AR) 6:00 Evening Movie: "Dean Martin That's Amore" (GR)	<b>St. Patrick's Day</b> <b>17</b> 10:00 Music with Matt (AR) 11:00 Morning Exercise (AR) 2:00 Afternoon Arts (AR) 3:30 Armchair Travel: Bolivia (AR)	10:00 A-Z Word Games (AR) <b>18</b> 11:00 Morning Exercise (AR) 2:00 Saturday Afternoon Movie: "Lion" (AR)
10:00 Roll a Word (AR) <b>19</b> 11:00 Volleyballoon (AR) 1:30 Catholic Mass (AR) 2:30 CWV Worship Service (AR) 3:30 Bingo (AR)	<b>First Day of Spring</b> <b>20</b> 10:00 Composer Corner: J.S. Bach (AR) 11:00 Sit and Get Fit (AR) 2:00 Spelling Bee (AR) 3:00 History Club: Uncle Tom's Cabin published (AR) 3:00 Evening Movie: "Chitty Chitty Bang Bang" (GR)	10:00 Morning Sing (AR) <b>21</b> 11:00 Zumba with Vera (AR) 2:00 Bingo (AR) 2:00 Faith Circle with Rev. Peter (WDR) 3:30 Nail Spa (AR)	10:00 Music & Movement (AR) <b>22</b> 11:00 Special Days: As Young As You Feel Day (AR) 1:15 Exercise with Stefan (AR) 3:30 Word Mining (AR) 6:00 Evening Movie: "Cinderella Man" (GR)	10:00 Morning Group: Music with Ellie Brigida (AR) <b>23</b> 11:00 Morning Exercise (AR) 2:00 Meditative Art and Coloring with Chaplain Alexx (AR) 3:00 Movement with Julia (AR) 6:00 Evening Movie: "The Cardinal" (GR)	10:00 Music with Matt (AR) <b>24</b> 11:00 Zumba with Vera (AR) 2:00 Afternoon Arts (AR) 3:30 Armchair Travel: Venezuela (AR)	10:00 A-Z Word Games (AR) <b>25</b> 11:00 Morning Exercise (AR) 2:00 Saturday Afternoon Movie: "Feel The Beat" (AR)
10:00 Roll a Word (AR) <b>26</b> 11:00 Volleyballoon (AR) 1:30 Catholic Mass (AR) 2:30 CWV Worship Service (AR) 3:30 Bingo (AR)	10:00 Virtual Symphony: Bach - Brandenburg Concertos (AR) <b>27</b> 11:00 Sit and Get Fit (AR) 2:00 Spelling Bee (AR) 3:00 History Club: Khrushchev becomes USSR Premier (AR) 6:00 Evening Movie: "Clue" (GR)	10:00 Morning Sing (AR) <b>28</b> 11:00 Zumba with Vera (AR) 2:00 Watercolors with Linda Dunn (AR) 3:30 Nail Spa (AR)	10:00 Music with Matt (AR) <b>29</b> 11:00 Special Days: Coca-Cola Day (AR) 1:15 Exercise with Stefan (AR) 3:30 Word Mining (AR) 6:00 Evening Movie: "Juno" (GR)	10:00 Morning Group: Music with Denise Doucette (AR) <b>30</b> 11:00 Morning Exercise (AR) 2:00 Sacred Music Concert (AR) 3:00 Movement with Julia (AR) 6:00 Evening Movie: "Superman IV" (GR)	10:00 Music with Matt (AR) <b>31</b> 11:00 Morning Exercise (AR) 2:00 Afternoon Arts (AR) 3:30 Armchair Travel: The Carribean (AR)	

# March 2023

## Caswell / Willard Activity Calendar

Activities and locations of activities are subject to change.