Carleton -Willard 100 old Billerica Road Bedford, MA 01730 781-275-8700



October 2025 Activity Calendar





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY			110:00 Morning Sing 11:00 Rhythm & Drumming (AR) 2:00 Exercise with Stefan 3:00 Word Mining 4:00 Armchair travel	2 10:00 Denise Doucette 11:00 Seated Stretches 2pm Build your own Pizza 3:15 Hymn sing with Chaplain Lisa	3 10:00 Music with Matt 11am Music Bingo 1:30 Movement Therapy with Julia 2:30pm E.T	10:00 Coffee and Chronicle 11:00 Seated Stretches 2pmPokeno 3:15 Patio time 4PM Color Art
5 10:00 Coffee Social 11:00 Music Therapy with Gwen 1:30 Chat Pack 2:00 Bingo 3:30 Movie of choice	6 10:00 Rosary group 11:00 Sit and Get Fit 2:00 Music Therapy/Gwen 3:30 History Club	7 10:00 Music Therapy w/ Gwen 11:00 Music with Matt 1:45pm Bingo 3:30 Art/crafts 6:00 Movie for choice	8 10:00 Morning Sing 11:00 Rhythm & Drumming (AR) 2:00 Exercise with Stefan 3:00 Word Mining 4:00 Armchair travel	9 10:00 Trivia and memory games 11:00 Seated Stretches 2:30 pm Tricia Boshco 3:30 Hymn sing w/ Chaplain Lisa	10 10:00 Music group with Matt 11am volleyball 1:30 Movement therapy w/Julia 2:30pm Movie Beetlejuice	11 10:00 Coffee and Chronicle 11:00 Seated Stretches (AR) 2:30Musica performance: Joe Reid 4pm Color art
10:00 Coffee Social 11:00 Music Therapy with Gwen 1:30 Chat Pack 2:00 pm Bingo 3:30 pm Movie of choice	13 10:00 Rosary Group 11:00 Sit and Get Fit 2:00 Music Therapy w/ Gwen 3:30 History Club	14 10::30 Catholic Mass 11:00 Music with Matt 1:45pm Bingo 3pm chaplain Lisa Community (WL) 6:00 Movie of choice	15 10:00 Morning Sing with Matt 11:00 Rhythm & Drumming 2:00 Exercise with Stefan (AR) 3:00 Word Mining 4:00 Armchair travel	16 10:00 Brittney & Dave 11:00 Seated Stretches 1:45 pm Resident Council/social hour 3:15 Hymn Sing w/ Chaplain Lisa	17 10:00 Music with Matt 11:00Music Bingo 1:30 Movement therapy w/Julia 2:30 pm Movie We Have A Ghose	18 10:00Diane Dexter 11:00 Seated Stretches 1:30 Chat Pack 2:00 Pokeno 4pm Color Art
19 10:00 Coffee Social 11:00Music Therapy with Gwen 1:30 Chat Pack 2:00 Bingo 3:30 Movie of choice	20 10:00 Rosary Group 11:00 Sit and Get Fit 1pm Barn Babies 2:00 Music with Gwen 3:30 History Club	21 10:00 Music Therapy w/Gwen 11:00 Music with Matt 1:30 Chat Pack 1:45 Bingo 3pm chaplain Lisa Community WL) 6:00 Movie: of choice	22 10:00 Morning Sing with Matt 11am Rhythm & Drumming 2:00 Exercise with Stefan (AR) 3:00 Word Mining 4pm Armchair travel	23 10:00 Trivia and memory games 11:00 Seated Stretches 2pm Women Tea /men's group 3:15 Taizé w/ Chaplain Lisa	24 10:00 Music with Matt 11am Volleyball 1:30 Movement therapy w/Julia 2:30pm Fill treat Bags for the little Ghouls & Goblins	25 10:00 Coffee and Chronicle 11:00 Seated Stretches (AR) 2:30 Musica Performance: Clinton Degan 4pm Color Art
26 10:00 Coffee Social 1:30 -3pm Handing out candy to the Trick or treaters	27 10:00 Rosary Group 11:00 Sit and Get Fit 2:00 Music Therapy w/Gwen 3:30 history	28 10am Music Therapy w/Gwen 11am Music with Matt 2pm Bingo 3pm chaplain Lisa Community	29 10:00 Morning Sing with Matt 11:00 Rhythm & Drumming 2:00 Exercise with Stefan (AR) 3:00 Word Mining 4pm Armchair travel	30 10:00 Coffee and Chronicle 11:00 Seated Stretches 2pm Baken Class 3:14 Hymn sing w/Chaplain Lisa	31 10am Music with Matt 11am Music Bingo 2pm Halloween treats w/ staff Halloween parade	